



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Balode, Ilona

□□: Salacgrīvas Buki
□□: 1101

□□: 22.00 km
Stirnu buks

□□□□:
SB3

□□□: 2:31:32

□□: 8.71 km/h

□□□□□/□□□: 252 (of 368)

□□□□□/□: 66 (of 139)

□□□□□□: 1:44:14

□□□□□: 17(of 37)

□□□□□□□: 1:56:40

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Sprint Start	-	33:23	-	13	5:56	48	8:38	-	33:23	-	13	5:56	48	8:38
Sprint Finish	-	2:28	-	16	0:39	63	0:54	-	35:51	-	14	6:33	49	9:20
104	-	26:09	-	17	4:34	69	7:49	-	1:02:00	-	15	11:06	57	17:03
105	-	42:38	-	18	10:32	73	14:06	-	1:44:38	-	16	21:35	62	31:09
106	-	31:33	-	23	9:07	81	10:59	-	2:16:11	-	17	30:42	66	42:06
Ziel	-	15:21	-	24	4:10	78	5:12	22.00	2:31:32	-	17	34:52	66	47:18