



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Gaile, Sandra

□□: Maratons Asics
□□: 2122

□□: 12.00 km
Zakis

□□□□:
SZ3

□□□: 1:08:54

□□: 10.45 km/h

□□□□□/□□□: 121 (of 512)

□□□□□/□: 25 (of 265)

□□□□□□: 41:10

□□□□□: 21(of 226)

□□□□□□□: 41:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Sprint Start	-	30:26	-	19	6:20	24	6:20	-	30:26	-	19	6:20	24	6:20
Sprint Finish	-	2:16	-	15	0:23	16	0:23	-	32:42	-	19	6:36	23	6:36
106	-	24:13	-	19	4:41	23	4:41	-	56:55	-	18	11:17	22	11:17
Ziel	-	11:59	-	27	2:20	33	2:20	12.00	1:08:54	-	21	27:44	25	27:44