



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Āboltiņš, Ilgvars

□□: Maratona klubs

□□: 5128

□□: 28.00 km

Lusis

□□□□:

VL4

□□□: 2:25:46

□□: 11.53 km/h

□□□□□/□□□: 78 (of 274)

□□□□□/□: 73 (of 206)

□□□□□□: 1:47:32

□□□□□: 2(of 11)

□□□□□□□: 2:15:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	17:46	-	2	0:46	66	4:21	-	17:46	-	2	0:46	66	4:21
Sprint Start	-	35:00	-	2	1:34	79	8:36	-	52:46	-	2	2:20	66	12:57
Sprint Finish	-	1:49	-	1	-	72	0:36	-	54:35	-	2	2:14	67	13:27
104	-	21:05	-	2	0:56	62	5:10	-	1:15:40	-	2	3:10	64	18:36
105	-	33:38	-	2	2:43	77	9:40	-	1:49:18	-	2	5:53	71	27:38
106	-	24:26	-	2	2:33	82	7:30	-	2:13:44	-	2	8:26	73	34:47
Ziel	-	12:02	-	2	1:21	85	3:35	28.00	2:25:46	-	2	9:47	73	38:14