



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

□□□□

Kuzāks, Normunds

□□: SK Sigulda

□□: 120

□□: 28.00 km

Lusis

□□□□:

VL2

□□□: 2:21:15

□□: 11.89 km/h

□□□□□/□□□: 62 (of 274)

□□□□□/□: 58 (of 206)

□□□□□□: 1:47:32

□□□□□: 36(of 120)

□□□□□□□: 1:47:32

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| 101 | - | 16:57 | - | 26 | 3:32 | 40 | 3:32 | - | 16:57 | - | 26 | 3:32 | 40 | 3:32 |
| Sprint Start | - | 33:13 | - | 26 | 6:49 | 43 | 6:49 | - | 50:10 | - | 25 | 10:21 | 41 | 10:21 |
| Sprint Finish | - | 1:40 | - | 32 | 0:27 | 46 | 0:27 | - | 51:50 | - | 25 | 10:42 | 41 | 10:42 |
| 104 | - | 20:39 | - | 32 | 4:44 | 54 | 4:44 | - | 1:12:29 | - | 27 | 15:25 | 44 | 15:25 |
| 105 | - | 32:11 | - | 37 | 8:13 | 63 | 8:13 | - | 1:44:40 | - | 32 | 23:00 | 53 | 23:00 |
| 106 | - | 24:18 | - | 50 | 7:22 | 80 | 7:22 | - | 2:08:58 | - | 33 | 30:01 | 54 | 30:01 |
| Ziel | - | 12:17 | - | 60 | 3:50 | 95 | 3:50 | 28.00 | 2:21:15 | - | 36 | 33:43 | 58 | 33:43 |