



Stirnu Buks VII  
Beverīnas kalna / 22.10.2016

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Vītols, Jānis

□□: VSK Noskrien

□□: 21

□□: 28.00 km

Lusis

□□□□:

VL4

□□□: 2:41:19

□□: 10.41 km/h

□□□□□/□□□: 138 (of 274)

□□□□□/□: 122 (of 206)

□□□□□□: 1:47:32

□□□□□: 7(of 11)

□□□□□□□: 2:15:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	20:06	-	6	3:06	130	6:41	-	20:06	-	6	3:06	130	6:41
Sprint Start	-	38:14	-	6	4:48	120	11:50	-	58:20	-	6	7:54	128	18:31
Sprint Finish	-	2:11	-	5	0:22	144	0:58	-	1:00:31	-	6	8:10	124	19:23
104	-	22:58	-	6	2:49	111	7:03	-	1:23:29	-	7	10:59	120	26:25
105	-	35:56	-	5	5:01	109	11:58	-	1:59:25	-	7	16:00	116	37:45
106	-	27:16	-	5	5:23	123	10:20	-	2:26:41	-	6	21:23	115	47:44
Ziel	-	14:38	-	8	3:57	158	6:11	28.00	2:41:19	-	7	25:20	122	53:47