



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Kuka, Kristīne

□□: AD FITNESS Lēdmane

□□: 9

□□: 28.00 km

Lusis

□□□□:

SL3

□□□: 3:56:04

□□: 7.12 km/h

□□□□□/□□□: 264 (of 274)

□□□□□/□: 60 (of 68)

□□□□□□: 2:14:04

□□□□□: 15(of 19)

□□□□□□□: 2:32:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	29:11	-	15	10:46	56	13:14	-	29:11	-	15	10:46	56	13:14
Sprint Start	-	55:44	-	15	18:45	58	23:32	-	1:24:55	-	15	29:30	58	36:46
Sprint Finish	-	3:21	-	16	1:32	64	1:52	-	1:28:16	-	16	30:44	59	38:13
104	-	34:14	-	16	11:41	61	14:20	-	2:02:30	-	16	42:25	60	52:32
105	-	57:19	-	16	21:39	62	26:56	-	2:59:49	-	15	1:04:04	60	1:17:14
106	-	38:11	-	15	13:39	60	16:48	-	3:38:00	-	16	1:17:26	62	1:34:02
Ziel	-	18:04	-	15	6:07	59	7:58	28.00	3:56:04	-	15	1:23:27	60	1:42:00