



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Marčinkus, Jānis

□□: S/K Ozolnieki
□□: 104

□□: 28.00 km
Lusis

□□□□:
VL4

□□□: 3:05:03

□□: 9.08 km/h

□□□□□/□□□: 209 (of 274)

□□□□□/□: 175 (of 206)

□□□□□□: 1:47:32

□□□□□: 9(of 11)

□□□□□□□: 2:15:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	21:30	-	9	4:30	163	8:05	-	21:30	-	9	4:30	163	8:05
Sprint Start	-	43:28	-	9	10:02	181	17:04	-	1:04:58	-	9	14:32	176	25:09
Sprint Finish	-	2:58	-	10	1:09	195	1:45	-	1:07:56	-	9	15:35	180	26:48
104	-	26:19	-	9	6:10	170	10:24	-	1:34:15	-	9	21:45	177	37:11
105	-	45:22	-	9	14:27	184	21:24	-	2:19:37	-	9	36:12	181	57:57
106	-	31:05	-	8	9:12	164	14:09	-	2:50:42	-	9	45:24	175	1:11:45
Ziel	-	14:21	-	7	3:40	151	5:54	28.00	3:05:03	-	9	49:04	175	1:17:31