



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Ketlers, Artūrs

□□: VSK Noskrien / SK Dzērvene

□□: 8

□□: 28.00 km

Lusis

□□□□:

VLJ

□□□: 2:58:09

□□: 9.43 km/h

□□□□□/□□□: 191 (of 274)

□□□□□/□: 163 (of 206)

□□□□□□: 1:47:32

□□□□□: 11(of 13)

□□□□□□□: 2:02:25

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	20:24	-	11	5:11	138	6:59	-	20:24	-	11	5:11	138	6:59
Sprint Start	-	40:07	-	12	10:06	158	13:43	-	1:00:31	-	12	15:17	153	20:42
Sprint Finish	-	1:29	-	4	0:04	20	0:16	-	1:02:00	-	11	15:00	147	20:52
104	-	24:05	-	10	5:43	137	8:10	-	1:26:05	-	10	20:43	144	29:01
105	-	36:38	-	9	9:16	123	12:40	-	2:02:43	-	10	29:59	133	41:03
106	-	37:41	-	12	17:53	187	20:45	-	2:40:24	-	11	47:52	159	1:01:27
Ziel	-	17:45	-	13	7:52	193	9:18	28.00	2:58:09	-	11	55:44	163	1:10:37