



Stirnu Buks VII
 Beverīnas kalna / 22.10.2016

□□□□

Šmits, Ilgvars

□□: VSK Noskrien

□□: 218

□□: 28.00 km

Lusis

□□□□:

VL2

□□□: 2:37:39

□□: 10.66 km/h

□□□□□/□□□: 122 (of 274)

□□□□□/□: 107 (of 206)

□□□□□□: 1:47:32

□□□□□: 63(of 120)

□□□□□□□: 1:47:32

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	18:54	-	55	5:29	92	5:29	-	18:54	-	55	5:29	92	5:29
Sprint Start	-	36:37	-	57	10:13	96	10:13	-	55:31	-	56	15:42	96	15:42
Sprint Finish	-	2:05	-	77	0:52	129	0:52	-	57:36	-	57	16:28	97	16:28
104	-	23:06	-	67	7:11	113	7:11	-	1:20:42	-	57	23:38	97	23:38
105	-	37:21	-	79	13:23	139	13:23	-	1:58:03	-	62	36:23	106	36:23
106	-	27:13	-	71	10:17	122	10:17	-	2:25:16	-	64	46:19	109	46:19
Ziel	-	12:23	-	62	3:56	100	3:56	28.00	2:37:39	-	63	50:07	107	50:07