



**Stirnu Buks VII**  
Beverīnas kalna / 22.10.2016

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**Vītola, Alma**

□□: Virsotne/ Marmot

□□: 111

□□: 28.00 km

Lusis

□□□□:

SLJ

□□□: 2:52:00

□□: 9.77 km/h

□□□□□/□□□: 176 (of 274)

□□□□□/□: 25 (of 68)

□□□□□□: 2:14:04

□□□□□: 4(of 8)

□□□□□□□: 2:14:49

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	21:01	-	4	4:11	23	5:04	-	21:01	-	4	4:11	23	5:04
Sprint Start	-	41:30	-	4	8:15	28	9:18	-	1:02:31	-	4	12:26	27	14:22
Sprint Finish	-	2:44	-	5	0:52	43	1:15	-	1:05:15	-	4	13:06	28	15:12
104	-	25:27	-	4	5:27	29	5:33	-	1:30:42	-	4	18:33	27	20:44
105	-	40:22	-	4	9:59	27	9:59	-	2:11:04	-	4	28:11	27	28:29
106	-	27:40	-	4	6:03	23	6:17	-	2:38:44	-	4	34:14	25	34:46
Ziel	-	13:16	-	4	2:57	24	3:10	28.00	2:52:00	-	4	37:11	25	37:56