



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Barrow, Lante

□□: The Rock
□□: 5127

□□: 28.00 km
Lusis

□□□□:
VLJ

□□□: 2:48:12

□□: 9.99 km/h

□□□□□/□□□: 168 (of 274)

□□□□□/□: 145 (of 206)

□□□□□□: 1:47:32

□□□□□: 10(of 13)

□□□□□□□: 2:02:25

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	19:08	-	10	3:55	100	5:43	-	19:08	-	10	3:55	100	5:43
Sprint Start	-	39:22	-	10	9:21	146	12:58	-	58:30	-	10	13:16	129	18:41
Sprint Finish	-	2:16	-	10	0:51	148	1:03	-	1:00:46	-	10	13:46	130	19:38
104	-	26:26	-	11	8:04	173	10:31	-	1:27:12	-	11	21:50	152	30:08
105	-	40:07	-	11	12:45	158	16:09	-	2:07:19	-	11	34:35	155	45:39
106	-	27:37	-	9	7:49	129	10:41	-	2:34:56	-	10	42:24	149	55:59
Ziel	-	13:16	-	9	3:23	125	4:49	28.00	2:48:12	-	10	45:47	145	1:00:40