



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Pokšāne, Alise

□□: Abas Kreisās Kājas
□□: 1238

□□: 22.00 km
Stirnu buks

□□□□:
SBJ

□□□: 2:56:57

□□: 7.46 km/h

□□□□□/□□□: 322 (of 368)

□□□□□/□: 108 (of 139)

□□□□□□: 1:44:14

□□□□□: 12(of 14)

□□□□□□□: 1:52:34

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Sprint Start	-	37:10	-	10	11:24	89	12:25	-	37:10	-	10	11:24	89	12:25
Sprint Finish	-	2:31	-	7	0:50	68	0:57	-	39:41	-	9	12:04	89	13:10
104	-	30:14	-	11	9:45	109	11:54	-	1:09:55	-	10	21:49	102	24:58
105	-	50:10	-	12	18:50	111	21:38	-	2:00:05	-	11	40:39	106	46:36
106	-	37:57	-	13	15:39	113	17:23	-	2:38:02	-	12	56:18	109	1:03:57
Ziel	-	18:55	-	13	8:05	112	8:46	22.00	2:56:57	-	12	1:04:23	108	1:12:43