



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Redisons, Juris

□□: Latvijas valsts meži

□□: 12

□□: 28.00 km

Lusis

□□□□:

VL2

□□□: 2:15:56

□□: 12.36 km/h

□□□□□/□□□: 50 (of 274)

□□□□□/□: 47 (of 206)

□□□□□□: 1:47:32

□□□□□: 30(of 120)

□□□□□□□: 1:47:32

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	16:27	-	18	3:02	32	3:02	-	16:27	-	18	3:02	32	3:02
Sprint Start	-	31:47	-	16	5:23	29	5:23	-	48:14	-	18	8:25	32	8:25
Sprint Finish	-	1:45	-	44	0:32	64	0:32	-	49:59	-	18	8:51	32	8:51
104	-	21:08	-	39	5:13	65	5:13	-	1:11:07	-	22	14:03	38	14:03
105	-	31:45	-	31	7:47	54	7:47	-	1:42:52	-	26	21:12	43	21:12
106	-	22:03	-	29	5:07	44	5:07	-	2:04:55	-	28	25:58	45	25:58
Ziel	-	11:01	-	33	2:34	53	2:34	28.00	2:15:56	-	30	28:24	47	28:24