



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Lizbovskis, Sandris

□□□: 2:27:16

□□: 11.41 km/h

□□: 5091

□□: 28.00 km

Lusis

□□□□□/□□□: 85 (of 274)

□□□□□/□: 79 (of 206)

□□□□□□: 1:47:32

□□□□:

□□□□□: 22(of 62)

VL3

□□□□□□□: 1:57:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	18:15	-	19	3:23	71	4:50	-	18:15	-	19	3:23	71	4:50
Sprint Start	-	35:02	-	22	6:35	81	8:38	-	53:17	-	20	9:58	75	13:28
Sprint Finish	-	1:52	-	21	0:27	83	0:39	-	55:09	-	21	10:13	76	14:01
104	-	21:01	-	17	3:41	58	5:06	-	1:16:10	-	19	13:54	71	19:06
105	-	33:44	-	22	7:16	78	9:46	-	1:49:54	-	22	21:10	77	28:14
106	-	25:00	-	27	5:49	91	8:04	-	2:14:54	-	22	26:37	79	35:57
Ziel	-	12:22	-	28	3:07	99	3:55	28.00	2:27:16	-	22	29:24	79	39:44