



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Sprūds, Andris

□□: VSK Noskrien
□□: 112

□□: 28.00 km
Lusis

□□□□:
VL2

□□□: 2:09:27

□□: 12.98 km/h

□□□□□/□□□: 24 (of 274)

□□□□□/□: 24 (of 206)

□□□□□□: 1:47:32

□□□□□: 15(of 120)

□□□□□□□: 1:47:32

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 101 | - | 16:49 | - | 24 | 3:24 | 38 | 3:24 | - | 16:49 | - | 24 | 3:24 | 38 | 3:24 |
| Sprint Start | - | 31:18 | - | 13 | 4:54 | 22 | 4:54 | - | 48:07 | - | 17 | 8:18 | 31 | 8:18 |
| Sprint Finish | - | 1:40 | - | 32 | 0:27 | 46 | 0:27 | - | 49:47 | - | 14 | 8:39 | 27 | 8:39 |
| 104 | - | 19:21 | - | 18 | 3:26 | 32 | 3:26 | - | 1:09:08 | - | 17 | 12:04 | 29 | 12:04 |
| 105 | - | 29:52 | - | 18 | 5:54 | 30 | 5:54 | - | 1:39:00 | - | 16 | 17:20 | 29 | 17:20 |
| 106 | - | 20:27 | - | 11 | 3:31 | 18 | 3:31 | - | 1:59:27 | - | 15 | 20:30 | 27 | 20:30 |
| Ziel | - | 10:00 | - | 14 | 1:33 | 22 | 1:33 | 28.00 | 2:09:27 | - | 15 | 21:55 | 24 | 21:55 |