



**Stirnu Buks VII**  
Beverīnas kalna / 22.10.2016

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**Sprūds, Andris**

□□: VSK Noskrien

□□: 112

□□: 28.00 km

Lusis

□□□□:

VL2

□□□: 2:09:27

□□: 12.98 km/h

□□□□□/□□□: 24 (of 274)

□□□□□/□: 24 (of 206)

□□□□□□: 1:47:32

□□□□□: 15(of 120)

□□□□□□□: 1:47:32

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	16:49	-	24	3:24	38	3:24	-	16:49	-	24	3:24	38	3:24
Sprint Start	-	31:18	-	13	4:54	22	4:54	-	48:07	-	17	8:18	31	8:18
Sprint Finish	-	1:40	-	32	0:27	46	0:27	-	49:47	-	14	8:39	27	8:39
104	-	19:21	-	18	3:26	32	3:26	-	1:09:08	-	17	12:04	29	12:04
105	-	29:52	-	18	5:54	30	5:54	-	1:39:00	-	16	17:20	29	17:20
106	-	20:27	-	11	3:31	18	3:31	-	1:59:27	-	15	20:30	27	20:30
Ziel	-	10:00	-	14	1:33	22	1:33	28.00	2:09:27	-	15	21:55	24	21:55