



Stirnu Buks VII  
Beverīnas kalna / 22.10.2016

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Ķerve, Gaida

□□: Nūjo ar vēju

□□: 72

□□: 28.00 km

Lusis

□□□□:

SL4

□□□: 3:56:04

□□: 7.12 km/h

□□□□□/□□□: 265 (of 274)

□□□□□/□: 60 (of 68)

□□□□□□: 2:14:04

□□□□□: 3(of 3)

□□□□□□□: 3:43:57

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	30:19	-	3	1:05	64	14:22	-	30:19	-	3	1:05	64	14:22
Sprint Start	-	56:56	-	3	1:38	62	24:44	-	1:27:15	-	3	2:43	62	39:06
Sprint Finish	-	2:52	-	1	-	48	1:23	-	1:30:07	-	3	2:28	62	40:04
104	-	34:35	-	3	1:54	62	14:41	-	2:04:42	-	3	4:22	62	54:44
105	-	55:15	-	3	5:30	61	24:52	-	2:59:57	-	3	9:52	62	1:17:22
106	-	38:02	-	3	1:47	57	16:39	-	3:37:59	-	3	11:39	61	1:34:01
Ziel	-	18:05	-	3	0:49	60	7:59	28.00	3:56:04	-	3	12:07	60	1:42:00