



Stirnu Buks VII  
Beverīnas kalna / 22.10.2016

□□□□

Muzika, Vitālijs

□□: VSK Noskrien

□□: 45

□□: 28.00 km

Lusis

□□□□:

VL3

□□□: 2:28:08

□□: 11.34 km/h

□□□□□/□□□: 86 (of 274)

□□□□□/□: 80 (of 206)

□□□□□□: 1:47:32

□□□□□: 23(of 62)

□□□□□□□: 1:57:52

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	18:16	-	20	3:24	72	4:51	-	18:16	-	20	3:24	72	4:51
Sprint Start	-	34:54	-	20	6:27	76	8:30	-	53:10	-	19	9:51	72	13:21
Sprint Finish	-	1:57	-	29	0:32	106	0:44	-	55:07	-	19	10:11	74	13:59
104	-	21:13	-	19	3:53	66	5:18	-	1:16:20	-	20	14:04	76	19:16
105	-	33:50	-	24	7:22	81	9:52	-	1:50:10	-	23	21:26	80	28:30
106	-	25:24	-	29	6:13	94	8:28	-	2:15:34	-	23	27:17	80	36:37
Ziel	-	12:34	-	30	3:19	106	4:07	28.00	2:28:08	-	23	30:16	80	40:36