



Stirnu Buks VII  
Beverīnas kalna / 22.10.2016

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Ruskova, Evita

□□: VSK Noskrien

□□: 97

□□: 28.00 km

Lusis

□□□□:

SL2

□□□: 2:34:01

□□: 10.91 km/h

□□□□□/□□□: 106 (of 274)

□□□□□/□: 10 (of 68)

□□□□□□: 2:14:04

□□□□□: 6(of 38)

□□□□□□□: 2:14:04

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	19:04	-	6	3:07	12	3:07	-	19:04	-	6	3:07	12	3:07
Sprint Start	-	36:32	-	5	4:20	8	4:20	-	55:36	-	5	7:27	9	7:27
Sprint Finish	-	2:07	-	12	0:38	19	0:38	-	57:43	-	5	7:40	9	7:40
104	-	21:55	-	4	2:01	7	2:01	-	1:19:38	-	5	9:40	8	9:40
105	-	35:42	-	9	3:06	13	5:19	-	1:55:20	-	5	12:45	8	12:45
106	-	26:06	-	9	4:43	15	4:43	-	2:21:26	-	5	17:28	9	17:28
Ziel	-	12:35	-	9	2:29	17	2:29	28.00	2:34:01	-	6	19:57	10	19:57