



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Biktimirovs, Konstantīns

□□: VSK Noskrien

□□: 95

□□: 28.00 km

Lusis

□□□□:

VLJ

□□□: 2:11:10

□□: 12.81 km/h

□□□□□/□□□: 31 (of 274)

□□□□□/□: 31 (of 206)

□□□□□□: 1:47:32

□□□□□: 4(of 13)

□□□□□□□: 2:02:25

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	16:00	-	4	0:47	24	2:35	-	16:00	-	4	0:47	24	2:35
Sprint Start	-	31:33	-	3	1:32	27	5:09	-	47:33	-	3	2:19	23	7:44
Sprint Finish	-	1:39	-	5	0:14	45	0:26	-	49:12	-	3	2:12	22	8:04
104	-	19:42	-	5	1:20	38	3:47	-	1:08:54	-	3	3:32	28	11:50
105	-	30:16	-	4	2:54	37	6:18	-	1:39:10	-	4	6:26	31	17:30
106	-	21:41	-	3	1:53	36	4:45	-	2:00:51	-	4	8:19	31	21:54
Ziel	-	10:19	-	3	0:26	31	1:52	28.00	2:11:10	-	4	8:45	31	23:38