



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Rocēna, Sandra

□□: Skrienu priekam!

□□: 136

□□: 28.00 km

Lusis

□□□□:

SL3

□□□: 3:32:39

□□: 7.90 km/h

□□□□□/□□□: 252 (of 274)

□□□□□/□: 54 (of 68)

□□□□□□: 2:14:04

□□□□□: 14(of 19)

□□□□□□□: 2:32:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	23:07	-	12	4:42	41	7:10	-	23:07	-	12	4:42	41	7:10
Sprint Start	-	47:02	-	13	10:03	47	14:50	-	1:10:09	-	13	14:44	47	22:00
Sprint Finish	-	2:40	-	11	0:51	38	1:11	-	1:12:49	-	13	15:17	47	22:46
104	-	30:50	-	14	8:17	54	10:56	-	1:43:39	-	13	23:34	48	33:41
105	-	49:22	-	13	13:42	53	18:59	-	2:33:01	-	13	37:16	52	50:26
106	-	43:38	-	18	19:06	66	22:15	-	3:16:39	-	14	56:05	54	1:12:41
Ziel	-	16:00	-	12	4:03	48	5:54	28.00	3:32:39	-	14	1:00:02	54	1:18:35