



**Stirnu Buks VII**  
 Beverīnas kalna / 22.10.2016

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**Boldāne, Ilze**

□□□: 2:14:15

□□: 9.83 km/h

□□: 1051

□□: 22.00 km

Stirnu buks

□□□□□/□□□: 163 (of 368)

□□□□□/□: 29 (of 139)

□□□□□□: 1:44:14

□□□□:

□□□□□: 10(of 37)

SB3

□□□□□□□: 1:56:40

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| □□□           | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Sprint Start  | -        | 31:00    | -          | 7       | 3:33    | 21      | 6:15    | -         | 31:00     | -           | 7       | 3:33    | 21      | 6:15    |
| Sprint Finish | -        | 2:15     | -          | 8       | 0:26    | 37      | 0:41    | -         | 33:15     | -           | 7       | 3:57    | 22      | 6:44    |
| 104           | -        | 22:19    | -          | 5       | 0:44    | 13      | 3:59    | -         | 55:34     | -           | 6       | 4:40    | 16      | 10:37   |
| 105           | -        | 36:10    | -          | 8       | 4:04    | 26      | 7:38    | -         | 1:31:44   | -           | 7       | 8:41    | 20      | 18:15   |
| 106           | -        | 27:57    | -          | 11      | 5:31    | 38      | 7:23    | -         | 1:59:41   | -           | 8       | 14:12   | 23      | 25:36   |
| Ziel          | -        | 14:34    | -          | 17      | 3:23    | 57      | 4:25    | 22.00     | 2:14:15   | -           | 10      | 17:35   | 29      | 30:01   |