



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Rogāle, Aija

□□: Krokus

□□: 162

□□: 28.00 km

Lusis

□□□□:

SL3

□□□: 3:03:14

□□: 9.17 km/h

□□□□□/□□□: 203 (of 274)

□□□□□/□: 33 (of 68)

□□□□□□: 2:14:04

□□□□□: 8(of 19)

□□□□□□□: 2:32:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	20:58	-	6	2:33	22	5:01	-	20:58	-	6	2:33	22	5:01
Sprint Start	-	41:28	-	8	4:29	27	9:16	-	1:02:26	-	8	7:01	26	14:17
Sprint Finish	-	2:34	-	9	0:45	33	1:05	-	1:05:00	-	8	7:28	27	14:57
104	-	26:10	-	8	3:37	31	6:16	-	1:31:10	-	8	11:05	28	21:12
105	-	43:40	-	9	8:00	40	13:17	-	2:14:50	-	8	19:05	32	32:15
106	-	32:48	-	9	8:16	44	11:25	-	2:47:38	-	8	27:04	32	43:40
Ziel	-	15:36	-	11	3:39	44	5:30	28.00	3:03:14	-	8	30:37	33	49:10