



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Inka, Uģis

□□: VSK Noskrien

□□: 84

□□: 28.00 km

Lusis

□□□□:

VL3

□□□: 2:40:10

□□: 10.49 km/h

□□□□□/□□□: 133 (of 274)

□□□□□/□: 116 (of 206)

□□□□□□: 1:47:32

□□□□□: 37(of 62)

□□□□□□□: 1:57:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	20:57	-	42	6:05	150	7:32	-	20:57	-	42	6:05	150	7:32
Sprint Start	-	39:04	-	44	10:37	141	12:40	-	1:00:01	-	45	16:42	149	20:12
Sprint Finish	-	1:35	-	6	0:10	37	0:22	-	1:01:36	-	42	16:40	141	20:28
104	-	23:50	-	40	6:30	132	7:55	-	1:25:26	-	43	23:10	135	28:22
105	-	36:28	-	37	10:00	120	12:30	-	2:01:54	-	41	33:10	128	40:14
106	-	26:19	-	35	7:08	109	9:23	-	2:28:13	-	39	39:56	123	49:16
Ziel	-	11:57	-	21	2:42	81	3:30	28.00	2:40:10	-	37	42:18	116	52:38