



Stirnu Buks VII  
Beverīnas kalna / 22.10.2016

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Smilga, Ilze

□□□: 2:58:02

□□: 9.44 km/h

□□: 202

□□: 28.00 km

□□□□□/□□□: 190 (of 274)

Lusis

□□□□□/□: 28 (of 68)

□□□□□□: 2:14:04

□□□□:

□□□□□: 7(of 19)

SL3

□□□□□□□: 2:32:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	20:28	-	5	2:03	21	4:31	-	20:28	-	5	2:03	21	4:31
Sprint Start	-	40:29	-	6	3:30	23	8:17	-	1:00:57	-	5	5:32	21	12:48
Sprint Finish	-	2:28	-	7	0:39	30	0:59	-	1:03:25	-	6	5:53	22	13:22
104	-	24:59	-	7	2:26	24	5:05	-	1:28:24	-	6	8:19	23	18:26
105	-	43:20	-	8	7:40	38	12:57	-	2:11:44	-	7	15:59	28	29:09
106	-	31:36	-	8	7:04	40	10:13	-	2:43:20	-	7	22:46	28	39:22
Ziel	-	14:42	-	8	2:45	34	4:36	28.00	2:58:02	-	7	25:25	28	43:58