



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

0000

Radermacher, Roger

00: Thetra Raeren
00: 143

00: 100.20 km
100 Kilometer

0000:
Senioren M45 (45-49 Jahre)

000: 12:17:44

00: 8.13 km/h
0000: 7:22 min/km

00000/000: 63 (of 216)

00000/0: 57 (of 181)

000000: 8:48:12

00000: 15(of 43)

0000000: 9:49:30

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:18:38	7:21	22	41:42	84	53:26	27.00	3:18:38	7:21	22	41:42	83	53:26
Floh-Seligenthal	27.00	3:21:52	7:28	20	48:38	78	1:00:52	54.00	6:40:30	7:25	21	1:29:13	76	1:54:18
Finsterbergen	22.00	2:32:59	6:57	5	19:15	22	32:57	76.00	9:13:29	7:16	14	1:39:51	51	2:24:23
Prefinish	23.70	3:02:49	7:42	21	51:43	75	1:04:46	99.70	12:16:18	7:23	15	2:27:56	56	3:29:09
Fröttstädt	0.50	1:26	2:52	21	0:23	70	0:27	100.20	12:17:44	7:21	15	2:28:14	57	3:29:32