



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

0000

Dr. Hentsch, Torsten

00: SV Hermsdorf

00: 48

00: 100.20 km

100 Kilometer

0000:

Senioren M50 (50-54 Jahre)

000: 12:30:46

00: 7.99 km/h

0000: 7:29 min/km

00000/000: 73 (of 216)

00000/0: 67 (of 181)

000000: 8:48:12

00000: 10(of 38)

0000000: 10:23:21

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	2:57:00	6:33	4	7:36	34	31:48	27.00	2:57:00	6:33	4	7:36	33	31:48
Floh-Seligenthal	27.00	3:23:21	7:31	16	36:12	81	1:02:21	54.00	6:20:21	7:02	8	43:48	55	1:34:09
Finsterbergen	22.00	3:08:05	8:32	19	36:56	84	1:08:03	76.00	9:28:26	7:28	11	1:20:30	67	2:39:20
Prefinish	23.70	3:00:53	7:37	14	46:43	72	1:02:50	99.70	12:29:19	7:30	10	2:07:13	65	3:42:10
Fröttstädt	0.50	1:27	2:53	14	0:15	78	0:28	100.20	12:30:46	7:29	10	2:07:25	67	3:42:34