



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

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Kohlrautz, Hubertus

□□: Harzer Ultra Running Team

□□: 237

□□: 100.20 km

100 Kilometer

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 12:47:21

□□: 7.82 km/h

□□□□: 7:40 min/km

□□□□□/□□□: 81 (of 216)

□□□□□/□: 74 (of 181)

□□□□□□: 8:48:12

□□□□□: 14(of 38)

□□□□□□□: 10:23:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:02:45	6:46	11	13:21	46	37:33	27.00	3:02:45	6:46	11	13:21	45	37:33
Floh-Seligenthal	27.00	3:18:35	7:21	10	31:26	70	57:35	54.00	6:21:20	7:03	9	44:47	56	1:35:08
Finsterbergen	22.00	3:06:01	8:27	15	34:52	75	1:05:59	76.00	9:27:21	7:27	10	1:19:25	65	2:38:15
Prefinish	23.70	3:18:28	8:22	25	1:04:18	94	1:20:25	99.70	12:45:49	7:40	14	2:23:43	73	3:58:40
Fröttstädt	0.50	1:32	3:04	22	0:20	102	0:33	100.20	12:47:21	7:39	14	2:24:00	74	3:59:09