



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

□□□□

Leonard, Peter

□□: LSF Münster

□□: 139

□□: 100.20 km

100 Kilometer

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 12:55:49

□□: 7.73 km/h

□□□□: 7:44 min/km

□□□□□/□□□: 85 (of 216)

□□□□□/□: 77 (of 181)

□□□□□□: 8:48:12

□□□□□: 15(of 38)

□□□□□□□: 10:23:21

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| Glasbachwiese | 27.00 | 3:12:12 | 7:07 | 13 | 22:48 | 59 | 47:00 | 27.00 | 3:12:12 | 7:07 | 13 | 22:48 | 58 | 47:00 |
| Floh-Seligenthal | 27.00 | 3:38:50 | 8:06 | 25 | 51:41 | 107 | 1:17:50 | 54.00 | 6:51:02 | 7:36 | 18 | 1:14:29 | 88 | 2:04:50 |
| Finsterbergen | 22.00 | 2:59:30 | 8:09 | 11 | 28:21 | 65 | 59:28 | 76.00 | 9:50:32 | 7:46 | 16 | 1:42:36 | 78 | 3:01:26 |
| Prefinish | 23.70 | 3:03:39 | 7:44 | 15 | 49:29 | 77 | 1:05:36 | 99.70 | 12:54:11 | 7:45 | 15 | 2:32:05 | 76 | 4:07:02 |
| Fröttstädt | 0.50 | 1:38 | 3:15 | 30 | 0:26 | 118 | 0:39 | 100.20 | 12:55:49 | 7:44 | 15 | 2:32:28 | 77 | 4:07:37 |