



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

□□□□

Beckmann, Michael

□□: LSG Weiher

□□: 21

□□: 100.20 km

100 Kilometer

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 12:59:07

□□: 7.72 km/h

□□□□: 7:47 min/km

□□□□□/□□□: 87 (of 216)

□□□□□/□: 79 (of 181)

□□□□□□: 8:48:12

□□□□□: 22(of 43)

□□□□□□□: 9:49:30

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:16:39	7:16	18	39:43	75	51:27	27.00	3:16:39	7:16	18	39:43	74	51:27
Floh-Seligenthal	27.00	3:25:22	7:36	23	52:08	87	1:04:22	54.00	6:42:01	7:26	22	1:30:44	77	1:55:49
Finsterbergen	22.00	3:03:42	8:20	21	49:58	68	1:03:40	76.00	9:45:43	7:42	22	2:12:05	75	2:56:37
Prefinish	23.70	3:12:01	8:06	23	1:00:55	88	1:13:58	99.70	12:57:44	7:48	22	3:09:22	78	4:10:35
Fröttstädt	0.50	1:23	2:46	20	0:20	64	0:24	100.20	12:59:07	7:46	22	3:09:37	79	4:10:55