



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

0000

Sharp, Stefanie

00: Lauffeuer Fröttstädt

00: 33

00: 100.20 km

100 Kilometer

0000:

Seniorinnen W30 (30-34 Jahre)

000: 13:25:11

00: 7.45 km/h

0000: 8:02 min/km

00000/000: 101 (of 216)

00000/0: 15 (of 35)

000000: 9:56:00

00000: 2(of 3)

0000000: 9:56:00

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:34:19	7:56	2	1:00:33	14	1:00:33	27.00	3:34:19	7:56	2	1:00:33	14	1:00:33
Floh-Seligenthal	27.00	3:28:25	7:43	2	52:32	11	52:32	54.00	7:02:44	7:49	2	1:53:05	12	1:53:05
Finsterbergen	22.00	3:11:02	8:41	2	49:44	16	49:44	76.00	10:13:46	8:04	2	2:42:49	10	2:42:49
Prefinish	23.70	3:09:50	8:00	2	45:58	15	45:58	99.70	13:23:36	8:03	2	3:28:47	15	3:28:47
Fröttstädt	0.50	1:35	3:09	2	0:24	20	0:25	100.20	13:25:11	8:02	2	3:29:11	15	3:29:11