



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

□□□□

Weckenmann, Gundi

□□: Die Kauffrauen
□□: 1007

□□: 160.00 km
100 Meilen

□□□□:
Seniorinnen W45 (45-49 Jahre)

□□□: 23:02:07

□□: 6.95 km/h
□□□□: 8:38 min/km

□□□□□/□□□□: 21 (of 108)

□□□□□/□: 3 (of 10)

□□□□□□: 21:35:30

□□□□□: 2(of 3)

□□□□□□□: 22:06:28

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|---------|---------|---------|---------|
| Hörselberg | 42.50 | 5:00:57 | 7:04 | 2 | 29:47 | 3 | 29:47 | 42.50 | 5:00:57 | 7:04 | 2 | 29:47 | 3 | 29:47 | |
| Sontra | 27.50 | 4:24:38 | 9:37 | 1 | - | 2 | 4:22 | 70.00 | 9:25:35 | 8:04 | 2 | 16:03 | 9 | 24:53 | |
| Glasbachwiese | 17.00 | 2:48:37 | 9:55 | 2 | 3:21 | 3 | 5:34 | 87.00 | 12:14:12 | 8:26 | 2 | 19:24 | 10 | 30:27 | |
| Gensberg/Brotte | 13.00 | 2:35:05 | 11:55 | 2 | 25:57 | 3 | 25:57 | 100.00 | 14:49:17 | 8:53 | 2 | 45:21 | 9 | 54:36 | |
| Floh-Seligenthal | 14.00 | 1:34:11 | 6:43 | 3 | 9:55 | 5 | 14:36 | 114.00 | 16:23:28 | 8:37 | 2 | 55:16 | 9 | 1:09:12 | |
| Finsterbergen | 22.00 | 3:20:58 | 9:08 | 2 | 8:10 | 3 | 9:08 | 136.00 | 19:44:26 | 8:42 | 2 | 1:03:26 | 8 | 1:18:20 | |
| Prefinish | 23.50 | 3:15:54 | 8:20 | 2 | 1:21 | 3 | 8:03 | 159.50 | 23:00:20 | 8:39 | 2 | 55:17 | 8 | 1:26:23 | |
| Fröttstädt | 0.50 | 1:47 | 3:34 | 3 | 0:22 | 5 | 0:22 | 160.00 | 23:02:07 | 8:38 | 2 | 55:39 | 3 | 1:26:37 | |