



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

0000

Pradetto, Oliver

00: blau direkt

00: 62

00: 100.20 km

100 Kilometer

0000:

Senioren M45 (45-49 Jahre)

000: 14:28:16

00: 6.91 km/h

0000: 8:40 min/km

00000/000: 142 (of 216)

00000/0: 120 (of 181)

000000: 8:48:12

00000: 30(of 43)

0000000: 9:49:30

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:35:19	7:58	29	58:23	120	1:10:07	27.00	3:35:19	7:58	29	58:23	119	1:10:07
Floh-Seligenthal	27.00	3:46:48	8:24	29	1:13:34	124	1:25:48	54.00	7:22:07	8:11	31	2:10:50	123	2:35:55
Finsterbergen	22.00	3:23:58	9:16	31	1:10:14	113	1:23:56	76.00	10:46:05	8:30	27	3:12:27	113	3:56:59
Prefinish	23.70	3:40:41	9:18	30	1:29:35	124	1:42:38	99.70	14:26:46	8:41	30	4:38:24	119	5:39:37
Fröttstädt	0.50	1:30	3:00	26	0:27	96	0:31	100.20	14:28:16	8:39	30	4:38:46	120	5:40:04