



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

0000

Kirchhoff, Jörg

00: Hohe Tafel

00: 16

00: 100.20 km

100 Kilometer

0000:

Senioren M50 (50-54 Jahre)

000: 14:43:46

00: 6.80 km/h

0000: 8:49 min/km

00000/000: 148 (of 216)

00000/0: 126 (of 181)

000000: 8:48:12

00000: 31(of 38)

0000000: 10:23:21

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:47:07	8:24	29	57:43	137	1:21:55	27.00	3:47:07	8:24	29	57:43	136	1:21:55
Floh-Seligenthal	27.00	3:50:19	8:31	30	1:03:10	134	1:29:19	54.00	7:37:26	8:28	29	2:00:53	139	2:51:14
Finsterbergen	22.00	3:31:26	9:36	29	1:00:17	123	1:31:24	76.00	11:08:52	8:48	31	3:00:56	132	4:19:46
Prefinish	23.70	3:33:18	9:00	28	1:19:08	115	1:35:15	99.70	14:42:10	8:50	31	4:20:04	125	5:55:01
Fröttstädt	0.50	1:36	3:12	29	0:24	117	0:37	100.20	14:43:46	8:49	31	4:20:25	126	5:55:34