



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

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Schwarz, Stefanie

□□: Lich

□□: 136

□□: 100.20 km

100 Kilometer

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 14:54:15

□□: 6.71 km/h

□□□□: 8:55 min/km

□□□□□/□□□: 154 (of 216)

□□□□□/□: 23 (of 35)

□□□□□□: 9:56:00

□□□□□: 3(of 3)

□□□□□□□: 9:56:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:50:17	8:31	3	1:16:31	26	1:16:31	27.00	3:50:17	8:31	3	1:16:31	26	1:16:31
Floh-Seligenthal	27.00	4:14:36	9:25	3	1:38:43	33	1:38:43	54.00	8:04:53	8:58	3	2:55:14	30	2:55:14
Finsterbergen	22.00	3:35:05	9:46	3	1:13:47	24	1:13:47	76.00	11:39:58	9:12	3	4:09:01	27	4:09:01
Prefinish	23.70	3:12:41	8:07	3	48:49	16	48:49	99.70	14:52:39	8:57	3	4:57:50	23	4:57:50
Fröttstädt	0.50	1:36	3:12	3	0:25	23	0:26	100.20	14:54:15	8:55	3	4:58:15	23	4:58:15