



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

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Noichl, Gabriele

00: LG Ron Hill Berlin

00: 209

00: 100.20 km

100 Kilometer

0000:

Seniorinnen W55 (55-59 Jahre)

000: 15:08:25

00: 6.62 km/h

0000: 9:04 min/km

00000/0000: 160 (of 216)

00000/0: 25 (of 35)

000000: 9:56:00

00000: 5(of 6)

0000000: 13:15:03

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:35:48	7:59	3	3:44	15	1:02:02	27.00	3:35:48	7:59	3	3:44	15	1:02:02
Floh-Seligenthal	27.00	3:46:18	8:22	5	19:47	23	1:10:25	54.00	7:22:06	8:11	5	22:41	21	2:12:27
Finsterbergen	22.00	3:41:03	10:02	5	33:08	26	1:19:45	76.00	11:03:09	8:43	5	47:14	23	3:32:12
Prefinish	23.70	4:03:29	10:16	6	1:06:16	29	1:39:37	99.70	15:06:38	9:05	5	1:52:53	25	5:11:49
Fröttstädt	0.50	1:47	3:34	6	0:29	27	0:37	100.20	15:08:25	9:03	5	1:53:22	25	5:12:25