



# 10. Thüringen ULTRA

Fröttstädt / 02.07.2016

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Michel, Susanne

00: Soulrunner

00: 215

00: 100.20 km

100 Kilometer

0000:

Seniorinnen W40 (40-44 Jahre)

000: 15:54:30

00: 6.29 km/h

0000: 9:32 min/km

00000/000: 181 (of 216)

00000/0: 30 (of 35)

000000: 9:56:00

00000: 4(of 7)

0000000: 12:42:25

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	4:03:29	9:01	5	35:50	30	1:29:43	27.00	4:03:29	9:01	5	35:50	30	1:29:43
Floh-Seligenthal	27.00	4:09:43	9:14	4	40:20	31	1:33:50	54.00	8:13:12	9:07	5	1:05:10	32	3:03:33
Finsterbergen	22.00	3:47:35	10:20	4	48:15	27	1:26:17	76.00	12:00:47	9:29	4	1:43:42	31	4:29:50
Prefinish	23.70	3:51:38	9:46	4	1:27:28	27	1:27:46	99.70	15:52:25	9:33	4	3:11:10	30	5:57:36
Fröttstädt	0.50	2:05	4:10	5	0:55	30	0:55	100.20	15:54:30	9:31	4	3:12:05	30	5:58:30