



# 10. Thüringen ULTRA

Fröttstädt / 02.07.2016

0000

Neuland, Karl

00: LG Friedrichroda

00: 185

00: 100.20 km

100 Kilometer

0000:

Senioren M65 (65-69 Jahre)

000: 16:23:37

00: 6.10 km/h

0000: 9:49 min/km

00000/000: 190 (of 216)

00000/0: 159 (of 181)

000000: 8:48:12

00000: 3(of 3)

0000000: 13:58:16

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Glasbachwiese	27.00	4:12:32	9:21	3	54:48	174	1:47:20	27.00	4:12:32	9:21	3	54:48	173	1:47:20
Floh-Seligenthal	27.00	4:13:54	9:24	3	32:34	161	1:52:54	54.00	8:26:26	9:22	3	1:27:22	166	3:40:14
Finsterbergen	22.00	3:51:20	10:30	3	27:26	152	1:51:18	76.00	12:17:46	9:42	3	1:54:48	158	5:28:40
Prefinish	23.70	4:03:32	10:16	3	30:08	151	2:05:29	99.70	16:21:18	9:50	3	2:24:56	158	7:34:09
Fröttstädt	0.50	2:19	4:38	3	0:32	155	1:20	100.20	16:23:37	9:48	3	2:25:21	159	7:35:25