



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

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Vetter, Friedbert

□□: LT Philippsburg

□□: 1071

□□: 160.00 km

100 Meilen

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 28:22:42

□□: 5.64 km/h

□□□□: 10:38 min/km

□□□□□/□□□□: 72 (of 108)

□□□□□/□: 65 (of 98)

□□□□□□: 17:27:33

□□□□□: 6(of 9)

□□□□□□□: 23:39:03

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Hörselberg	42.50	5:58:25	8:26	8	1:20:02	82	2:02:38	42.50	5:58:25	8:26	10	1:20:02	94	2:02:38
Sontra	27.50	6:02:45	13:11	9	1:56:15	82	2:59:43	70.00	12:01:10	10:18	10	2:36:45	91	4:40:30
Glasbachwiese	17.00	3:35:26	12:40	7	45:26	80	1:42:34	87.00	15:36:36	10:45	9	3:01:17	89	6:01:32
Gensberg/Brotte	13.00	2:53:42	13:21	8	33:54	69	1:07:45	100.00	18:30:18	11:06	9	3:21:41	80	7:09:17
Floh-Seligenthal	14.00	1:49:43	7:50	6	22:25	63	44:29	114.00	20:20:01	10:42	9	3:36:34	78	7:53:46
Finsterbergen	22.00	4:24:16	12:00	7	52:53	67	1:52:56	136.00	24:44:17	10:54	9	4:15:35	73	9:46:42
Prefinish	23.50	3:36:33	9:12	4	27:40	34	1:07:47	159.50	28:20:50	10:39	8	4:43:15	71	10:54:29
Fröttstädt	0.50	1:52	3:44	5	0:25	51	0:46	160.00	28:22:42	10:38	6	4:43:39	65	10:55:09