



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

0000

Linke, Rainer

00: München
00: 59

00: 100.20 km
100 Kilometer

0000:
Senioren M55 (55-59 Jahre)

000: 16:42:49

00: 5.98 km/h
0000: 10:01 min/km

00000/000: 193 (of 216)

00000/0: 161 (of 181)

000000: 8:48:12

00000: 27(of 28)

0000000: 9:25:18

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|---------------|---------|---------|---------|---------|
| Glasbachwiese | 27.00 | 3:50:15 | 8:31 | 25 | 1:16:59 | 144 | 1:25:03 | 27.00 | 3:50:15 | 8:31 | 25 | 1:16:59 | 143 | 1:25:03 |
| Floh-Seligenthal | 27.00 | 4:14:04 | 9:24 | 28 | 1:47:27 | 162 | 1:53:04 | 54.00 | 8:04:19 | 8:58 | 26 | 3:04:26 | 154 | 3:18:07 |
| Finsterbergen | 22.00 | 4:05:02 | 11:08 | 27 | 1:51:27 | 162 | 2:05:00 | 76.00 | 12:09:21 | 9:35 | 27 | 4:55:53 | 156 | 5:20:15 |
| Prefinish | 23.70 | 4:31:20 | 11:26 | 28 | 2:20:44 | 163 | 2:33:17 | 99.70 | 16:40:41 | 10:02 | 27 | 7:16:37 | 160 | 7:53:32 |
| Fröttstädt | 0.50 | 2:08 | 4:15 | 25 | 0:55 | 151 | 1:09 | 100.20 | 16:42:49 | 10:00 | 27 | 7:17:31 | 161 | 7:54:37 |