



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

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Günther, Ulrika

□□: Bruchsal
 □□: 1107

□□: 160.00 km
 100 Meilen

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 27:24:48

□□: 5.84 km/h
 □□□□: 10:17 min/km

□□□□□/□□□□: 68 (of 108)

□□□□□/□: 7 (of 10)

□□□□□□: 21:35:30

□□□□□: 1(of 3)

□□□□□□□: 27:24:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Hörselberg	42.50	5:36:30	7:55	1	-	8	1:05:20	42.50	5:36:30	7:55	1	-	10	1:05:20	
Sontra	27.50	5:10:57	11:18	1	-	6	50:41	70.00	10:47:27	9:14	1	-	9	1:46:45	
Glasbachwiese	17.00	3:15:34	11:30	1	-	6	32:31	87.00	14:03:01	9:41	1	-	10	2:19:16	
Gensberg/Brotte	13.00	2:49:35	13:02	1	-	6	40:27	100.00	16:52:36	10:07	1	-	9	2:57:55	
Floh-Seligenthal	14.00	2:01:32	8:40	1	-	7	41:57	114.00	18:54:08	9:56	1	-	9	3:39:52	
Finsterbergen	22.00	4:08:29	11:17	1	-	6	56:39	136.00	23:02:37	10:09	1	-	8	4:36:31	
Prefinish	23.50	4:19:52	11:03	1	-	7	1:12:01	159.50	27:22:29	10:17	1	-	8	5:48:32	
Fröttstädt	0.50	2:19	4:38	1	-	7	0:54	160.00	27:24:48	10:16	1	-	7	5:49:18	