



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

0000

Gleißner, Werner

00: München
00: 198

00: 100.20 km
100 Kilometer

0000:
Senioren M50 (50-54 Jahre)

000: 19:22:32

00: 5.16 km/h
0000: 11:36 min/km

00000/000: 202 (of 216)

00000/0: 169 (of 181)

000000: 8:48:12

00000: 36(of 38)

0000000: 10:23:21

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	4:38:49	10:19	38	1:49:25	177	2:13:37	27.00	4:38:49	10:19	38	1:49:25	176	2:13:37	
Floh-Seligenthal	27.00	5:08:09	11:24	36	2:21:00	174	2:47:09	54.00	9:46:58	10:52	36	4:10:25	173	5:00:46	
Finsterbergen	22.00	4:27:23	12:09	36	1:56:14	169	2:27:21	76.00	14:14:21	11:14	36	6:06:25	169	7:25:15	
Prefinish	23.70	5:05:51	12:54	36	2:51:41	169	3:07:48	99.70	19:20:12	11:38	36	8:58:06	168	10:33:03	
Fröttstädt	0.50	2:20	4:40	35	1:08	156	1:21	100.20	19:22:32	11:36	36	8:59:11	169	10:34:20	