



21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

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Vetter, Fabian

□□□: 1:20:23

□□: Schifferstadt

□□: 34

□□: 25.75 km

Sprint Triathlon (750 m, 20 km, 5 km)

□□□□□/□□□: 49 (of 79)

□□□□□/□: 42 (of 60)

□□□□□□: 58:58

□□□□:

AK20 männlich (20-29 Jahre)

□□□□□: 6(of 6)

□□□□□□□: 58:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.75	17:02	22:42	6	6:07	46	6:07	0.75	17:02	22:42	6	6:07	46	6:07
Wechsel S -> R	-	2:08	-	6	1:18	50	1:18	0.75	19:10	25:33	6	7:17	46	7:17
Schwimmen □□□	0.75	19:10	25:33	6	7:17	46	7:17	0.75	19:10	25:33	6	7:17	46	7:17
Rad netto	20.00	35:08	1:45	5	7:19	36	7:19	20.75	54:18	2:37	6	14:28	43	14:28
Wechsel R -> L	-	1:16	-	4	0:26	26	0:33	20.75	55:34	2:40	6	14:54	42	14:54
Rad □□□	20.00	36:24	1:49	5	7:45	38	7:45	20.75	55:34	2:40	6	14:54	42	14:54
Lauf	5.00	24:49	4:57	6	6:31	44	6:31	25.75	1:20:23	3:07	6	21:25	42	21:25