



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

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Stößer, Sophia

□□□: 39:28

□□: Viernheim

□□: 882

□□: 12.90 km

Schüler A Triathlon (400 m, 10 km, 2,5 km)

□□□□□/□□□: 2 (of 12)

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□□□□□□: 39:28

□□□□:

weibliche Schüler A (12+13 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	6:02	15:04	1	-	1	-	0.40	6:02	15:04	1	-	1	-
Wechsel S -> R	-	1:06	-	1	-	1	-	0.40	7:08	17:49	1	-	1	-
Schwimmen □□□	0.40	7:08	17:49	1	-	1	-	0.40	7:08	17:49	1	-	1	-
Rad netto	10.00	19:33	1:57	1	-	1	-	10.40	26:41	2:33	1	-	1	-
Wechsel R -> L	-	0:48	-	1	-	1	-	10.40	27:29	2:38	1	-	1	-
Rad □□□	10.00	20:21	2:02	1	-	1	-	10.40	27:29	2:38	1	-	1	-
Lauf	2.50	11:59	4:47	1	-	1	-	12.90	39:28	3:03	1	-	1	-