



21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

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Schmid, Linus

□□□: 20:43

□□: Mannheim

□□: 820

□□: 6.20 km

Schüler B Triathlon (200 m, 5 km, 1,0 km)

□□□□□/□□□: 1 (of 16)

□□□□□/□: 1 (of 10)

□□□□□□: 20:43

□□□□:

männliche Schüler B (10+11 Jahre)

□□□□□: 1(of 10)

□□□□□□□: 20:43

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.20 | 3:50 | 19:10 | 3 | 0:27 | 3 | 0:27 | 0.20 | 3:50 | 19:10 | 3 | 0:27 | 3 | 0:27 |
| Wechsel S -> R | - | 0:57 | - | 1 | - | 1 | - | 0.20 | 4:47 | 23:54 | 3 | 0:15 | 3 | 0:15 |
| Schwimmen □□□ | 0.20 | 4:47 | 23:54 | 3 | 0:15 | 3 | 0:15 | 0.20 | 4:47 | 23:54 | 3 | 0:15 | 3 | 0:15 |
| Rad netto | 5.00 | 10:48 | 2:09 | 1 | - | 1 | - | 5.20 | 15:35 | 2:59 | 1 | - | 1 | - |
| Wechsel R -> L | - | 0:54 | - | 5 | 0:05 | 5 | 0:05 | 5.20 | 16:29 | 3:10 | 1 | - | 1 | - |
| Rad □□□ | 5.00 | 11:42 | 2:20 | 1 | - | 1 | - | 5.20 | 16:29 | 3:10 | 1 | - | 1 | - |
| Lauf | 1.00 | 4:14 | 4:14 | 1 | - | 1 | - | 6.20 | 20:43 | 3:20 | 1 | - | 1 | - |