



# 21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

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**Müller, Till**

□□□: 53:17

□□: SV Traisa

□□: 883

□□: 12.90 km

Schüler A Triathlon (400 m, 10 km, 2,5 km)

□□□□□/□□□: 10 (of 12)

□□□□□/□: 6 (of 6)

□□□□□□: 36:09

□□□□:

männliche Schüler A (12+13 Jahre)

□□□□□: 6(of 6)

□□□□□□□: 36:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	9:58	24:54	6	4:25	6	4:25	0.40	9:58	24:54	6	4:25	6	4:25
Wechsel S -> R	-	1:31	-	6	0:35	6	0:35	0.40	11:29	28:42	6	5:00	6	5:00
Schwimmen □□□	0.40	11:29	28:42	6	5:00	6	5:00	0.40	11:29	28:42	6	5:00	6	5:00
Rad netto	10.00	25:30	2:32	6	7:05	6	7:05	10.40	36:59	3:33	6	12:05	6	12:05
Wechsel R -> L	-	1:14	-	6	0:30	6	0:30	10.40	38:13	3:40	6	12:35	6	12:35
Rad □□□	10.00	26:44	2:40	6	7:35	6	7:35	10.40	38:13	3:40	6	12:35	6	12:35
Lauf	2.50	15:04	6:01	6	4:33	6	4:33	12.90	53:17	4:07	6	17:08	6	17:08