



# 9. Via Solutions Staffellauf

Moorgrund Pummpälzsteg / 18.09.2016

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LT Altensteiner Park NW

□□□: 7:50:10

□□: LT Altensteiner Park NW

□□: 6.85 km/h

□□: 28

□□□□: 8:46 min/km

□□: 53.70 km

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VIA SOLUTION Wartburg-Staffel-NW (5x11 km) □□□□□/□: 3 (of 5)

□□□□□□: 7:30:18

□□□□:

□□□□□: 3(of 5)

Männerstaffel Nordic Walking

□□□□□□□: 7:30:18

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Kulturscheune	10.50	1:34:28	8:59	3	4:48	3	4:48	10.50	1:34:28	8:59	3	4:48	3	4:48	
Hubertushaus	10.90	1:26:48	7:57	2	1:52	2	1:52	21.40	3:01:16	8:28	2	1:30	2	1:30	
Wartburg	10.90	1:38:32	9:02	2	8:38	2	8:38	32.30	4:39:48	8:39	2	10:08	2	10:08	
Hubertushaus	10.50	1:34:35	9:00	2	0:54	2	0:54	42.80	6:14:23	8:44	2	9:37	2	9:37	
Gumpelstadt	10.90	1:35:47	8:47	5	1:20:02	5	1:20:02	53.70	7:50:10	8:45	3	19:52	3	19:52	