



9. Via Solutions Staffellauf

Moorgrund Pummpälzsteg / 18.09.2016

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Aleas Nordicfrauen

□□: Aleas Nordicfrauen
 □□: 15

□□: 53.70 km

VIA SOLUTION Wartburg-Staffel-NW (5x11 km)

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Frauenstaffel Nordic Walking

□□□: 7:27:58

□□: 7.19 km/h
 □□□□: 8:20 min/km

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□□□□□□: 7:27:58

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Kulturscheune	10.50	1:29:51	8:33	1	-	1	-	10.50	1:29:51	8:33	1	-	1	-
Hubertushaus	10.90	1:20:05	7:20	1	-	1	-	21.40	2:49:56	7:56	1	-	1	-
Wartburg	10.90	1:31:14	8:22	2	0:05	2	0:05	32.30	4:21:10	8:05	1	-	1	-
Hubertushaus	10.50	1:36:05	9:09	2	1:33	2	1:33	42.80	5:57:15	8:20	1	-	1	-
Gumpelstadt	10.90	1:30:43	8:19	1	-	1	-	53.70	7:27:58	8:20	1	-	1	-