



9. Via Solutions Staffellauf

Moorgrund Pummpälzsteg / 18.09.2016

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pummpälzsports nordic

□□□: 7:30:18

□□: pummpälzsports nordic

□□: 7.06 km/h

□□: 29

□□□□: 8:23 min/km

□□: 53.70 km

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VIA SOLUTION Wartburg-Staffel-NW (5x11 km) □□□□□/□: 1 (of 5)

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□□□□:

□□□□□: 1(of 5)

Männerstaffel Nordic Walking

□□□□□□□: 7:30:18

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Kulturscheune	10.50	1:29:40	8:32	1	-	1	-	10.50	1:29:40	8:32	1	-	1	-
Hubertushaus	10.90	1:30:06	8:15	3	5:10	3	5:10	21.40	2:59:46	8:24	1	-	1	-
Wartburg	10.90	1:29:54	8:14	1	-	1	-	32.30	4:29:40	8:20	1	-	1	-
Hubertushaus	10.50	1:35:06	9:03	3	1:25	3	1:25	42.80	6:04:46	8:31	1	-	1	-
Gumpelstadt	10.90	1:25:32	7:50	3	1:09:47	3	1:09:47	53.70	7:30:18	8:23	1	-	1	-