



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

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Gromek, Dolores

□□: AS Neukirchen-Vluyn

□□: 5519

□□: 5.00 km

Kurzstrecke Nordic Walking

□□□: 46:57

□□: 6.39 km/h

□□□□□□: 100

□□□□: 6.50

□□□□: 42 □