



11. Walk in Herne
Herne-Sodingen / 09.10.2016

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Koch, Melanie

□□: AS Neukirchen-Vluyn

□□: 5524

□□: 5.00 km

Kurzstrecke Nordic Walking

□□□: 50:03

□□: 5.99 km/h

□□□□□□: 100

□□□□: 6.50

□□□□: 39 □